



National *Hoshi* Day

November 22, 2025

10 am to 12 pm PST • 1 pm to 3 pm EST

Hoshi is giving service to God in gratitude in its highest sense. *Mitama migaki* is a special form of *hoshi*, meaning, “polishing the soul.” This is done by polishing the altar or altar area with a clean white cloth while silently praying for the dispelling of spiritual clouds.

- ❖ We will gather at our centers, groups or home altar spaces a few minutes before 10 am PST • 1 pm EST. A Zoom link will be emailed in advance. Have your dedicated clean white cloth ready.
- ❖ If you would like to make a special donation to the NASG Fund, place it on the altar space beforehand. After the event, please send it to your Center/Treasurer by November 30th.
- ❖ During 15 minutes of silent *mitama migaki*, polish the altar with a clean white cloth in gratitude, praying that clouds be cleared from our spirits, Fellowship, and future North American Sacred Grounds.

Order of Service

- At 10 am PST • 1 pm EST, Head Minister Rich Furukawa will lead the Amatsu Norito before our National Scroll. This will be followed by the North American Sacred Grounds Prayer, Group Johrei and a short Teaching.
- We will all do silent *mitama migaki* together. After 15 minutes, we may continue *mitama migaki*, or work on another *hoshi* project.
- At 12 PST • 3 EST, gather again online before the National Scroll for closing prayer.

Please Take Photos!



Share in the Great Light of our Hoshi Day!